



# Eastern Collegiate Football Conference

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## 2009 ECFC ALL-CONFERENCE TEAMS ANNOUNCED

The Eastern Collegiate Football Conference announced its 2009 all-conference teams following a vote of the conference coaches. Mount Ida sophomore running back **Johrone Bunch** was named Offensive Player of the Year while teammate Kyle Watkins was named Special Teams Player of the Year. Norwich senior defensive end Reza Afsarmanesh was selected as the Defensive Player of the Year while Gallaudet's Tom Pangia and Norwich's Kris Sabourin shared Rookie of the Year honors.

### ECFC OFFENSIVE PLAYER OF THE YEAR

Mount Ida sophomore running back **Johrone Bunch** averaged 150.6 yards on the ground and scored 13 touchdowns setting school records in each category. Bunch ran for 217 yards at Becker and 351 yards and five touchdowns against Castleton in back to back conference games this season. The 351 yard performance was the highest single rushing effort this season in division III. The sophomore has also played quarterback and receiver as well as the team's punter.

### ECFC DEFENSIVE PLAYER OF THE YEAR

Norwich senior defensive end **Reza Afsarmanesh** was ranked among the league leaders in sacks (6), tackles for loss (14.5), forced fumbles (3), and tackles per game (7.0). The native of Sunrise, Florida recorded 10 tackles with two sacks and a forced fumble in a 14-7 win over Gallaudet and had nine tackles with a forced fumble in a 15-3 victory over Maritime.

### ECFC SPECIAL TEAMS PLAYER OF THE YEAR

Mount Ida kick return specialist **Kyle Watkins** has been outstanding this season and throughout his career as a Mustang returning kicks. The senior from New Haven, Conn. is currently in the top 10 in kick returners nationally. This season Watkins returned two kickoffs for touchdowns including an 85 yarder in a pivotal conference win versus Husson University. Watkins holds the school return records for punt return yards (412), punt returns (41), and kick return touchdowns (4).

### ECFC CO-ROOKIES OF THE YEAR

As a middle linebacker for the top-ranked ECFC defense, freshman Gallaudet's **Tom Pangia** helped the Bison to the 15th best defense in Division III allowing 250 yards per game. Pangia ranks 12th in the ECFC with 66 tackles, tied for the most by a freshman in the conference, and ninth in the ECFC for tackles for loss (0.70 per game).

Posting a 7-1 mark as a starter, Norwich's **Kris Sabourin** directed the Cadet offense rushing for 60.7 yards per game while scoring two TDs while throwing for 4 others. The rookie quarterback rushed 103 times this year for 546 yards and attempted 103 passes completing 35% for 420 yards.

### ECFC COACH OF THE YEAR

Gallaudet head coach **Ed Hottle** was honored as the ECFC Coach Of The Year award after leading the Bison to a 4-2 conference mark and 6-4 record overall. The Bison tied for second place in the ECFC and Hottle coordinated a four win improvement over a season ago. His squad was second in the conference averaging 290 yards rushing per contest and averaged 24.2 points per game.

ECFC all-conference selections are determined by a vote of the conference coaches. Additional players honored are due to ties in the voting.



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## 2009 ECFC All-Conference Teams

### FIRST TEAM OFFENSE

QB	Shane Brozowski, Castleton	Fr.
RB	Johrone Bunch, Mount Ida	So.
RB	Julius Williams, Husson	Sr.
FB	Jamie Spanopoulos, Maritime	So.
WR	Evan Cassidy, Castleton	Fr.
WR	Ryan Grillo, Becker	Sr.
WR	Kyle Watkins, Mount Ida	Sr.
TE	Nick Lynch, Mount Ida	So.
OT	Jon Benson, Husson	Sr.
C	Matt Cirella, Maritime	Sr.
OL	Michael Horn, Mount Ida	Sr.
C	William Jacobs, Gallaudet	Sr.
OT	Robert Jr. Johnson, Maritime	Sr.
K	Jamal Mitchell, Anna Maria	Fr.
RS	Kyle Watkins, Mount Ida	Sr.

### SECOND TEAM OFFENSE

QB	Anthony Gagliano, Maritime	So.
RB	Nate Adames, Anna Maria	Fr.
RB	Tyler Carpenter, Castleton	Fr.
FB	Danny Triplett, Norwich	Fr.
WR	Domenique Concepcion, Anna Maria	Fr.
WR	Chris Denton, Norwich	Fr.
WR	Philip Hayes, Gallaudet	Fr.
TE	Ryan Mercado, Becker	Sr.
OG	Frank Adamo, Maritime	Jr.
RG	Benjamin Bottoms, Gallaudet	Sr.
OL	Cameron Coe-Smith, Becker	Jr.
LT	Chris Marden, Norwich	Jr.
C	Rob Sturgis, Norwich	So.
OL	Michael Walsh, Maritime	Sr.
K	Justin Wilson, Gallaudet	Sr.
RS	Evan Cassidy, Castleton	Fr.

### Offensive Player of the Year

RB	Johrone Bunch, Mount Ida	So.
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### Defensive Player of the Year

DE	Reza Afsarmanes, Norwich	Sr.
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### Special Teams Player of the Year

RS	Kyle Watkins, Mount Ida	Sr.
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### FIRST TEAM DEFENSE

DE	Reza Afsarmanesh, Norwich	Sr.
DT	Joshua Doudt, Gallaudet	Sr.
DL	Eli Shuler, Mount Ida	Fr.
DL	Zach Sucharski, Norwich	Jr.
LB	Rocco DiMeco, Norwich	Jr.
LB	Bobby Gilbert, Husson	Sr.
LB	Michael Oehl, Maritime	Sr.
LB	Tom Pangia, Gallaudet	Fr.
DB	Julien Baptiste, Mount Ida	Jr.
S	Donovan Brown, Norwich	Sr.
FS	Ryan Leary, Maritime	Sr.
S	Jared Vollmar, Gallaudet	So.
P	Johrone Bunch, Mount Ida	So.

### SECOND TEAM DEFENSE

DT	Kevin Allen, Gallaudet	Fr.
DT	Rob Gorgy, Maritime	So.
DT	Ricky McClain, Maritime	Fr.
DE	Andrew Nimmo, Maritime	Sr.
LB	Keith Barnes, Maritime	So.
LB	Rich Brandt, Anna Maria	So.
LB	Keenon Blindow, Husson	Sr.
LB	Calvin Doudt, Gallaudet	Sr.
LB	David Green, Mount Ida	Sr.
DB	Jake Bateman, Becker	Jr.
S	Shane Gardner, Mount Ida	Jr.
CB	Sean Wiggers, Maritime	So.
CB	Justin Wilson, Gallaudet	Sr.
P	James DeVoe, Castleton	Fr.
P	Brian Segit, Norwich	Jr.

### Rookie of the Year

LB	Tom Pangia, Gallaudet	Fr.
QB	Kris Sabourin, Norwich	Fr.

### Coach of the Year

Ed Hottle, Gallaudet

### Honorable Mention

**Becker:** Tyler Barnes (DL, So.), John Dutchick (LB, So.), Austin Widmer (DL, Sr.); **Castleton:** Randy Babineau (RB, Sr.), Adam Farmer (TE, Fr.), Phil Hall (C, So.), Luis Robitaille (K, Jr.), Cody Tancreti (S, Fr.), Dustin Young (LB, So.); **Gallaudet:** Jimmy Gardner (QB, Sr.), Michael Gimeli (FB, So.), Phillip Hayes (RB, So.), Ryan Mahoney (OL, So.), Jon Van Wey (DE, So.); **Maritime:** John Gagliano (RB, Jr.), Steve Roman (SS, So.), Travis Scott (RB, Fr.); **Norwich:** Andrew Fulford (RB, So.), Joe Gumberwicz (LB, So.), Don Hanni (RG, Jr.), Dan Reale (LB, Jr.), Kris Sabourin (QB, Fr.), DJ Siverhus (CB, Fr.)